Counselors Praise CIS . . .

"It's phenomenal to see how students take the information and how they are turned on by it. They learn what they need to do to realize their dreams, and they actually set goals based on what they read in CIS.
Wendi Ellis-Clark, School Counselor

"People sometimes have fantasies about occupations and screen them selves out before even considering them. CIS allows them to see the realities of the occupations and encourages them to consider a variety of options."
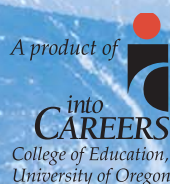Melissa Cruise, Job Center Vocational Counselor

"It's just such a simple tool and it's so user-friendly. That's the key. It allows me to be more of a resource person."
Donna Brown, School Counselor

A product of

into CAREERS
College of Education,
University of Oregon

Reasons for Choosing CIS

Quality – First and foremost, CIS content developers are committed to quality of content—without good information, career planners cannot develop good plans.

Inclusiveness – CIS content includes all education and work aspirations. For example, CIS occupation information includes all types of work, ensuring access to relevant information for each and every person, not just the college bound.

System integrity – CIS is a true system of career information, not several resources associated together by a common website. Content developers relate the information content so that career planners can begin their exploration and research anywhere and move through the information, linking the world of work to the world of education in a transparent and accurate way.

Relevance – CIS components allow users to enter their personal preferences to locate occupations, schools, and financial aid relevant to their interests.

Training and service – In addition to the CIS delivery systems, licensed sites receive free curriculum resources, online materials, technical assistance, regional training, and phone consultation.

Value – CIS provides an array of components and services including both desktop and online access.

Research-based – CIS is maintained by *intoCAREERS*, a unit within the College of Education at the University of Oregon.

Collaboration – *intoCAREERS* seeks the input of all stakeholders to enhance CIS. The CIS Network includes several state-based organizations whose mission is to serve the career development needs of their respective states.

CAREER INFORMATION SYSTEM

Helping People Explore a World of Possibilities

www.azcis.intocareers.org

Information Files

Comprehensive overviews of work and educational opportunities

Seamless connections between career aspirations and preparation requirements

Occupations
Explore the world of work with occupation information covering the duties, requirements, employment, wages, and preparation for 480 occupational categories.

Job Search
Get helpful hints for organizing and conducting a job search.

Real World Interviews
Career profiles present personal perspectives on working in a specific occupation.

Occupation Videos
Occupations come alive with short clips and narrated descriptions.

Reality Check
This tool allows students to figure cost of living expenses for cities in Arizona. They then compare to future salaries for the occupations they are interested in pursuing.

Programs of Study
Learn about postsecondary education opportunities, from associate to professional degrees, and link to schools offering those programs.

Career Pathways
Connect six career paths, or career learning frameworks, to occupations and programs of study.

Self-Employment
Look at the rewards and costs of self-employment from a career planning perspective.

Military Employment
Investigate careers in the military, military work life, and education and training opportunities.

CIS is created by intoCAREERS, a unit of the University of Oregon

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CAREER INFORMATION SYSTEM

Special Features

Postsecondary
♦ Look at detailed information about admission, tuition, and programs for all accredited public and private colleges, universities, and two-year colleges throughout the United States.

Financial Aid
♦ Discover major sources of financial aid for college and get specific information on more than $550 million in financial aid.

Compare Occupations & Schools
♦ Side-by-side descriptions of occupations and schools promote sound decision-making.

Personalized Learning Plan
♦ Career planning portfolio information files and assessment instrument results can be saved for future review and reference.

Internet Links
♦ Built-in links to college websites, online applications, professional associations, licensing organizations, apprenticeships, America's Job Bank, and other resources expand research and planning resources.

School Letter Writer
♦ E-mail and letter generator means that requests for school information packets are just a mouse click away.

Selective Printing
♦ Information topics that are important can be selected and printed with all other topics all other topics of interest.

Resume' Writer
♦ Enter education and work history for applications, resume's, and more.

Online Support Materials
♦ CIS reference guide, worksheets, and curriculum resources make applying CIS easy for counselors and instructors.

The Exploration Tools

Sorts to locate information based on personal characteristics, preferences, and goals

Assessment instruments to encourage exploration, deepen self-knowledge, and facilitate goal setting

Occupation Sort
Learn about the labor market while generating a list of occupations that match interests, abilities, and work preferences.

Undergraduate and Graduate Sorts
Search for colleges and universities that match educational needs and preferences.

Scholarship Sort
Find scholarships and loans that match educational plans, abilities, and background.

Assessment Link
Connect the results of standard career assessment instruments, such as the Self-Directed Search (SDS) and the Career Occupational Preference System (COPS), to matching or closely related occupations in CIS.

Additional Components

SKILLS Assessment
Deepen self-knowledge with self-assessment of skill preferences, expand skills vocabulary, and tie skill preferences to occupations and career paths.

O*NET Interest Profiler
Identify the strongest work-related interests to locate possible occupational goals.

O*NET Work Importance Locator
Identify work values, such as achievement, recognition, and relationships, and associate these values with characteristics of occupations.

Optional Component

IDEAS™ Assessment
Explore interests using this computerized version of the Interest Determination, Exploration, and Assessment System (IDEAS™) from NCS Pearson, Inc.